

Prüfungsordnung Wado-Ryu

9. Kyu - Weißgurt

KIHON TSUKI & KERI - GRUNDTECHNIKEN

1. Junzuki Chudan - Mawate Jodan Uke
2. Gyakuzuki Chudan - Mawate Gedan Barai
3. Maegeri Chudan

8. Kyu - Gelbgurt

KIHON TSUKI & KERI - GRUNDTECHNIKEN

1. Junzuki Chudan - Mawate Jodan Ute
2. Gyakuzuki Chudan - Mawate Gedan Barai
3. Maegeri Chudan
4. Surikomi Maegeri Chudan
5. Sokuto Fumikomi

RENZOKU WAZA - KOMBINATIONEN

1. Chudan Maegeri - Gyakuzuki
2. Chudan Surikomi Maegeri Gyakuzuki

KATA

1. Pinan Nidan

7. Kyu - Orangegurt

KIHON TSUKI & KERI - GRUNDTECHNIKEN

1. Junzuki No Tsukomi
2. Gyakuzuki No Tsukomi
3. Mawashigeri Chudan

RENZOKU WAZA - KOMBINATIONEN

1. Maegeri Chudan - Mawashigeri Chudan - Gyakuzuki Chudan
2. Surikomi Maegeri Chudan - Mawashigeri Chudan - Gyakuzuki Chudan
3. Maegeri Chudan - Gyakuzuki Chudan - Mawashigeri Chudan
4. Surikomi Maegeri Chudan - Gyakuzuki Chudan - Mawashigeri Chudan

SANBON KUMITE

1. Chudan Uke (Soto Uke) Ipponme - Maegeri/Gyakuzuki
2. Chudan Uke (Uchi Uke) Nihonme - Empi
3. Chudan Maegeri Uke Ipponme - Uchiharai/Gyakuzuki
4. Chudan Maegeri Uke Nihonme - Uchiharai/Gyakuzuki

KATA

1. Pinan Nidan
2. Pinan Shodan

YAKUSOKU KUMITE - JIYU IPPON KUMITE

6. Kyu - Grüngurt

KIHON TSUKI & KERI - GRUNDTECHNIKEN

1. Kette Junzuki
2. Kette Gyakuzuki
3. Tobikomizuki
4. Kette Tobikomizuki
5. Surikomi Mawashigeri Gedan
6. Surikomi Sokuto Chudan

RENZOKU WAZA

1. Maegeri Chudan - Sokuto Fumikomi - Gyakuzuki Chudan
2. Surikomi Maegeri Chudan - Sokuto Chudan - Gyakuzuki Chudan
3. Maegeri Chudan - Junzuki Chudan - Sokuto Chudan
4. Maegeri Chudan - Junzuki Jodan - Surikomi Sokuto Chudan

SANBON KUMITE

1. Jodan Uke Ipponme
2. Jodan Uke Nihonme
3. Chudan Maegeri Uke Sanbonme - Sotoharai/Gyakuzuki
4. Chudan Maegeri Uke Yonhonme - Sotoharai/Gyakuzuki

KATA

1. Pinan Shodan
2. Pinan Sandan

OHYO KUMITE IPPONME

YAKUSOKU KUMITE - JIYU NTHON KUMIIE

JIYU KUMITE

5. Kyu - Blaugurt

KIHON

1. Kette Junzuki
2. Kette Gyakuzuki
3. Kette Junzuki No Tsukomi
4. Kette Gyakuzuki No Tsukomi
5. Nagashizuki
6. Ushirogeri
7. Sokuto Chudan
8. Maetobigeri Jodan

RENZOKU WAZA

1. Mawashigeri Chudan - Ushirogeri Gedan - Gyakuzuki Chudan
2. Surikomi Sokuto Fumikomi - Ushirogeri Chudan - Uraken Jodan
3. Jodan Uke - Maegeri Chudan - Tobikomizuki Jodan

SANBON KUMIIE

1. Jodan Uke Sanbonme
2. Jodan Uke Yonhonme
3. Maegeri Uke Gohonme
4. Maegeri Uke Roppanme
5. Chudan Uchi Uke - Otoshi Uke Ipponme
6. Chudan Soto Uke - Maki Uke Ipponme

KATA

1. Pinan Sandan
2. Pinan Yodan

OHYO KUMITE NIHONME

YAKUSOKU KUMITE - JIYU SANBON KUMITE

JIYU KUMITE

4. Kyu Violettgurt

KIHON

1. Kette Junzuki
2. Kette Gyakuzuki
3. Kette Junzuki No Tsukomi
4. Kette Gyakuzuki No Tsukomi
5. Nagashizuki
6. Mawashigeri Chudan
7. Ushirogeri Chudan
8. Sokuto Chudan

RENZOKU WAZA

1. Nagashizuki Jodan - Mawashigeri Chudan - Ushirogeri Chudan - Maehizageri - Uchi Uke - Gyakuzuki Chudan
2. Tobikomizuki Jodan - Maegeri Chudan - Soto Uke Jodan Gyakuzuki Chudan
3. Junzuki No Tsukomi - Mawashigeri Jodan - Hizageri - (Yoko Kibadachi) - Empi Uchi Chudan

SANBON KUMITE

1. Jodan Jyuji Uke - Chudan Tsuki
2. Jodan Jyuji Uke - Mawashigeri Jodan
3. Chudan Uchi Uke - Otoshi Uke Nihonme - Fumikomi - Empi
4. Chudan Soto Uke - Maki Uke Nihonme - Uraken
5. Jodan Sokutei Mawashi Uke - Gyakuzuki

KATA

1. Pinan Yodan
2. Pinan Godan

OHYO KUMITE SANBONME

YAKUSOKU KUMITE - JIYU YONHON KUMITE
JIYU KUMITE

3. Kyu Braungurt

KIHON

1. Kette Junzuki
2. Kette Gyakuzuki
3. Kette Junzuki No Tsukomi
4. Kette Gyakuzuki No Tsukomi
5. Tobikomizuki
6. Nagashizuki
7. Mawashigeri Jodan
8. Ushirogeri Chudan
9. Sokuto Chudan
10. Ushiomawashigeri

RENZOKU WAZA

1. Surikomi Ushirogeri Chudan - Empi Uchi Ushiro Chudan - Tettsui Uchi Kiba Dachi - Uraken Nekoashi Dachi Jodan - Gyakuzuki Chudan
2. Surikomi Maegeri Chudan - Sokuto Fumikomi - Ushirogeri Chudan Uraken Jodan
3. Surikomi Maegeri Jodan - Surikomi Mawashigeri Jodan - Surikomi Maetobigeri - Tettsui Uchi

SANBON KUMITE

1. Jodan Uke - Chinto Uke - Tatekenzuki
2. Jodan Mawashigeri - Hiji Uke - Gyakuzuki
3. Chudan Maegeri - Haishu Nagashi Uke
4. Chudan Sokuto - Uchi Sukui Uke

KATA

1. Pinan Godan
2. Naihanshi

OHYO KUMITE

2. Kyu Braungurt

KIHON

1. Kette Junzuki
2. Kette Gyakuzuki
3. Kette Junzuki No Tsukomi
4. Kette Gyakuzuki No Tsukomi
5. Nagashizuki
6. Surikomi Mawashigeri Jodan
7. Surikomi Sokuto Jodan
8. Ushirogeri Chudan
9. Maetobigeri Jodan

RENZOKU WAZA

1. Surikomi Maegeri Chudan - Nagashizuki Jodan - Mawashigeri Jodan
2. Surikomi Sokuto Chudan - Uchi Uke Kiba Dachi - Urazuki Chudan Gedan Barai - Maegeri Chudan
3. Zenshinshite Jodan/Chudan Renzuki - Maegeri Chudan - Nagashizuki Jodan - Gyakuzuki Chudan - Mawashigeri Chudan

SANBON KUMITE

1. Jodan Uke - Shikkake Uke - Jodan Agezuki
2. Chudan Maegeri Uke - Renzoku Ushiharai Uke Gyakuzuki Ipponme
3. Chudan Maegeri Uke - Renzoku Sotoharai Uke Gyakuzuki Ipponme

KATA

1. Naihanchi
2. Kushanku

OHYO KUMITE

1. SANBONME
2. YONHONME
3. GOHONME

KIHON KUMIIE

1. NIHONME
2. SANBONME

JIYU KUMITE

1. Kyu Braungurt

KIHON

1. Kette Junzuki
2. Kette Gyakuzuki
3. Kette Junzuki No Tsukomi
4. Kette Gyakuzuki No Tsukomi
5. Nagashizuki
6. Surikomi Mawashigeri Jodan
7. Mawashigeri Jodan
8. Ushirogeri Chudan
9. Surikomi Sokuto Jodan

RENZOKU WAZA

1. Maegeri Chudan - Sokuto Jodan - Ushirogeri Chudan - Uraken Jodan Gyakuzuki Chudan
2. Surikomi Jodan/Chudan Renzuki - Surikomi Maegeri Chudan Mawashigeri Chudan - Uraken Jodan

SANBON KUMITE

1. Jodan Uke - Haishu Uke - Teisho Agezuki Uchi
2. Chudan Uke - Hasami Uke - Uraken Jodan
3. Chudan Maegeri Uke - Renzoku Sotoharai Uke Nihonme
4. Chudan Maegeri Uke - Renzoku Uchiharai Uke Nihonme

KATA

1. Kushanku
2. Chinto

OHYO KUMITE

1. YONHONME
2. GOHONME

KIHON KUMITE

1. SANBONME
2. YONHONME

I. DAN - SCHWARZGURT

KIHON TSUKI WAZA

1. Kette Junzuki Nidozuki
2. Kette Gyakuzuki Nidozuki
3. Kette Junzuki No Tsukomi Nidozuki
4. Kette Gyakuzuki ~o Tsukomi Nidozuki
5. Tobikomizuki
6. Nagashizuki

UCHI WAZA

1. Shuto: Hidari - Migi - Jodan
2. Tettsui: Hidari Yoko Jodan - Migi Otoshi Chudan
3. Uraken: Hidari Yoko Jodan - Migi Nashomen Uraken Jodan
4. Haito: Hidari - Migi Ganmen - Hidari Ganmen - Renzoku Uchi Jodan - Migi Chudan
5. Teisho: Hidari Age - Migi Age Jodan
6. Empi: Age Jodan - Mawashi Jodan - Yoko Chudan - Ushiro Chudan

KERI WAZA

1. Maegeri
2. Mawashigeri
3. Sokuto
4. Sokuto Fumikomi
5. Hizageri Mae Yoko
6. Yokogeri
7. Ushirogeri
8. Nidangeri
9. Tobi Sokuto (Kesa Geri)
10. Ushiomawashigeri

RENZOKU WAZA (RENRARU WAZA)

1. Maegeri Jodan - Mawashigeri Jodan - Ushirogeri Chudan - Uraken Jodan - Shuto Uke Jodan (Nekoashi) - Nekoashi Maegeri - Nagashizuki Jodan - Gyakuzuki Chudan
2. Zenshinshite Jodan Chudan Renzuki - Nidangeri - Gyakuzuki Jodan - Nagashizuki Jodan - Surikomi Sokuto Jodan

OHYO KUMITE

1. Ipponme
2. Nihonme
3. Sanbonme
4. Yonhonme
5. Gohonme

KIHON KUMITE

1. Ipponme
2. Nihonme
3. Sanbonme
4. Yonhonme
5. Gohonme

JIYU KUMITE (6 PUNKTE)